

_____ PATROL SHOPPING LIST

FRIDAY NIGHT SNACK (Optional)

1. _____

SATURDAY BREAKFAST: _____

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

DINNER: _____

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

SUNDAY BREAKFAST: _____

_____	_____
_____	_____

SHOPPER: _____

DATE: ___/___/___

**No more buying off the list or purchasing of drinks in individual containers
(ie. Sunny-D)